

State Bar of Georgia
Georgia Wellness CLEs_web
(2015 - Present)

Program Name	Session Name	Session Type	Presenter(s)	JD	CLE Hours	Date(s) Offered
2015 Attorney's First Aid Kit – Skills at Balancing Work/Life	<i>See below</i>				6G / 1E / 1P	2/18/2015
2015 Attorney's First Aid Kit – Skills at Balancing Work/Life	Change Your Perspective: Master the Process of Intentional Thinking; 11 Ways Highly Successful People Approach Life and Work	Presentation	Lisa Hardy, Co-Director, Lawyers Assistance Program, State Bar of Georgia, Atlanta	N	1.75	2/18/2015
2015 Attorney's First Aid Kit – Skills at Balancing Work/Life	Balancing Work and Personal Life: Review the Sources of Stress and Factors Affecting Stress; Learn the Warning Signs of Having No Work/Life Balance.	Presentation	Mary Brown, Founder & President, Brown Richards & Associates, E4 Healthcare, Atlanta	N	1.5	2/18/2015
2015 Attorney's First Aid Kit – Skills at Balancing Work/Life	To Self-Medicating or Not to Self-Medicating? That Is the Question	Presentation	Dr. Hope E. Ashby, Ph.D., Morehouse School of Medicine, Atlanta	N	1.5	2/18/2015
2015 Attorney's First Aid Kit – Skills at Balancing Work/Life	Bandage Workplace/Life Drama with Ethical Sutures	Panel	Rebecca A. Hall , Assistant General Counsel, State Bar of Georgia, Atlanta	Y		2/18/2015
2015 Attorney's First Aid Kit – Skills at Balancing Work/Life	Bandage Workplace/Life Drama with Ethical Sutures	Panel	William D. NeSmith, III , Deputy General Counsel, State Bar of Georgia, Atlanta	Y	1.25 E/P	2/18/2015
2015 Attorney's First Aid Kit – Skills at Balancing Work/Life	Bandage Workplace/Life Drama with Ethical Sutures	Panel	Wolanda R. Shelton , Grievance Counsel, State Bar of Georgia, Atlanta	Y		2/18/2015
2016 Attorney's First Aid Kit – Protecting Your Vital Signs	<i>See below</i>				6G / 1E / 1P	2/19/2016
2016 Attorney's First Aid Kit – Protecting Your Vital Signs	The Hero's Journey: Restoring Your Addicted Attorney to Greatness	Presentation	Jeff Mangrum, National & Strategic Accounts Director, The Hazelden-Betty Ford Foundation, Naples, Florida	N	1.75	2/19/2016
2016 Attorney's First Aid Kit – Protecting Your Vital Signs	Well-Being: A Practical Guide	Presentation	Lisa S. Hardy, CorpCare Associates, Punta Gorda, Florida	N	1.5	2/19/2016
2016 Attorney's First Aid Kit – Protecting Your Vital Signs	Poor Self-Care: How Does It Affect Your Practice?	Panel	Lynn S. Garson , BakerHostetler, Atlanta	Y	1.5	2/19/2016
2016 Attorney's First Aid Kit – Protecting Your Vital Signs	Poor Self-Care: How Does It Affect Your Practice?	Panel	Jeffrey R. Kuester , Taylor English Duma LLP, Atlanta	Y		2/19/2016
2016 Attorney's First Aid Kit – Protecting Your Vital Signs	Checking Your Ethical Pulse	Presentation	Paula Frederick , General Counsel, State Bar of Georgia, Atlanta	Y	1.25 E/P	2/19/2016
2017 Attorney's First Aid Kit – What's In Your Kit?	<i>See below</i>				6G / 1E / 1P	2/22/2017
2017 Attorney's First Aid Kit – What's In Your Kit?	Development of Addiction/Development of Recovery	Presentation	Chip Abernathy, LPC, MAC, Program Coordinator, Recovering Professionals Services, Ridgeview Institute, Atlanta	N	1.75	2/22/2017
2017 Attorney's First Aid Kit – What's In Your Kit?	Development of Addiction/Development of Recovery	Presentation	Lori Albert-Walker, LCSW, Family and Referral Coordinator, Ridgeview Institute, Atlanta	N		2/22/2017
2017 Attorney's First Aid Kit – What's In Your Kit?	The Intersections of Mental Health and Wellbeing with Addictive Disorders	Presentation	Melissa Warner, MD, Medical Director at Black Bear Lodge, Sautee	N	1.5	2/22/2017
2017 Attorney's First Aid Kit – What's In Your Kit?	Personal Problems That Challenge Professionalism	Panel	Todd Stanton , Stanton Law LLC, Atlanta	Y		2/22/2017
2017 Attorney's First Aid Kit – What's In Your Kit?	Personal Problems That Challenge Professionalism	Panel	Lynn Garson , Baker Hostetler, Atlanta	Y	1.75	2/22/2017

State Bar of Georgia
Georgia Wellness CLEs_web
(2015 - Present)

Program Name	Session Name	Session Type	Presenter(s)	JD	CLE Hours	Date(s) Offered
2017 Attorney's First Aid Kit – What's in Your Kit?	Personal Problems That Challenge Professionalism	Panel	R. Javoyné Hicks, McLaughlin, Henson & Miller, Atlanta	Y		2/22/2017
2017 Attorney's First Aid Kit – What's in Your Kit?	Checking Your Ethical Pulse	Presentation	Paula J. Frederick, General Counsel, State Bar of Georgia, Atlanta	Y	1 E/P	2/22/2017
2018 Attorney's First Aid Kit – Building Personal and Professional Resilience	<i>See below</i>				5G / 1E / 1P	2/16/2018
2018 Attorney's First Aid Kit – Building Personal and Professional Resilience	Intuition for Lawyers: Leveraging Your 6th Sense for Professional Success and Personal Fulfillment	Presentation	Idara E. Bassey, J.D., LL.M., Mc.D., Atlanta	Y	1	2/16/2018
2018 Attorney's First Aid Kit – Building Personal and Professional Resilience	Attorney Well-Being: The Path to Living Well	Presentation	Stacey Dougan, J.D., LL.M., The Anxiety & Stress Management Institute, Marietta	Y	1	2/16/2018
2018 Attorney's First Aid Kit – Building Personal and Professional Resilience	Attorney Well-Being: Honoring Yourself in an Honorable Profession	Presentation	Paul E. Knowlton, Mercer University, McAfee School of Theology, Atlanta	Y	1	2/16/2018
2018 Attorney's First Aid Kit – Building Personal and Professional Resilience	The Boiling Frog: How to Know When It's Time to Jump	Presentation	Jeff Mangrum, Cornerstone of Recovery, Inc., Orlando, FL	N	1	2/16/2018
2018 Attorney's First Aid Kit – Building Personal and Professional Resilience	Ethics	Panel	Paula J. Frederick, General Counsel, State Bar of Georgia, Atlanta	Y	1E / 1P	2/16/2018
2018 Attorney's First Aid Kit – Building Personal and Professional Resilience	Ethics	Panel	Wolanda R. Shelton, Assistant General Counsel, State Bar of Georgia, Atlanta	Y		2/16/2018
2019 Attorney's First Aid Kit – Finding Balance in a Competitive Profession	<i>See below</i>				5.5G / 1E	2/15/2019
2019 Attorney's First Aid Kit – Finding Balance in a Competitive Profession	Myth of The Super Lawyer: Identifying Your Kryptonite	Presentation	Melissa Warner, Medical Director, Black Bear Lodge, Sautee	N	1	2/15/2019
2019 Attorney's First Aid Kit – Finding Balance in a Competitive Profession	Lawyers Helping Lawyers	Presentation	Lynn S. Garson, Counsel, BakerHostetler LLP, Atlanta	Y	1	2/15/2019
2019 Attorney's First Aid Kit – Finding Balance in a Competitive Profession	Attorney Well-Being Through the Art of Power	Presentation	Paul E. Knowlton, Principal – Marketplace Initiative, Mercer University, Atlanta	Y	1	2/15/2019
2019 Attorney's First Aid Kit – Finding Balance in a Competitive Profession	Finding Balance in A Competitive Profession	Panel	Lynn S. Garson	Y		2/15/2019
2019 Attorney's First Aid Kit – Finding Balance in a Competitive Profession	Finding Balance in A Competitive Profession	Panel	Eric C. Lang, The Lang Legal Group LLC, Atlanta	Y		2/15/2019
2019 Attorney's First Aid Kit – Finding Balance in a Competitive Profession	Finding Balance in A Competitive Profession	Panel	Mariette Torres, Founder of Mariette Lynn Clardy, LLC; Consultant, Securities Compliance Management, Atlanta	Y	1.5	2/15/2019
2019 Attorney's First Aid Kit – Finding Balance in a Competitive Profession	Finding Balance in A Competitive Profession	Panel	Melissa Warner	N		2/15/2019
2019 Attorney's First Aid Kit – Finding Balance in a Competitive Profession	Ethics	Presentation	Wolanda R. Shelton, Assistant General Counsel, State Bar of Georgia, Atlanta	Y	1 E	2/15/2019
2020 Attorney's First Aid Kit – From Surviving to Thriving: Practical Tips & Strategies for Attorney Wellbeing	<i>See below</i>				6G / 1E	2/26/2020
2020 Attorney's First Aid Kit – From Surviving to Thriving: Practical Tips & Strategies for Attorney Wellbeing	Becoming the Happy Warrior: Science-Backed Strategies to Boost Attorney Wellbeing	Presentation	Stacey Dougan, JD, LLM, MS, APC, NCC Counseling & Consulting LLC, Atlanta	Y	1	2/26/2020

State Bar of Georgia
Georgia Wellness CLEs_web
 (2015 - Present)

Program Name	Session Name	Session Type	Presenter(s)	JD	CLE Hours	Date(s) Offered
2020 Attorney's First Aid Kit – From Surviving to Thriving: Practical Tips & Strategies for Attorney Wellbeing	Building Resiliency	Presentation	Debby Stone , JD, CPCC, PCC, CEO, Novateur Partners LLC, Atlanta	Y	1	2/26/2020
2020 Attorney's First Aid Kit – From Surviving to Thriving: Practical Tips & Strategies for Attorney Wellbeing	The Health Landscape for Attorneys	Presentation	Carmen Mohan, Personal Physician & Coach, CEO & Founder, HelloHealth LLC, Atlanta	N	1	2/26/2020
2020 Attorney's First Aid Kit – From Surviving to Thriving: Practical Tips & Strategies for Attorney Wellbeing	A Transparent Discussion of Specifics that Benefit Us in Our Practice	Panel	Paul E. Knowlton , UBERCOUNSEL: The Firm of Paul Knowlton, J.D., M.Div., Decatur	Y		2/26/2020
2020 Attorney's First Aid Kit – From Surviving to Thriving: Practical Tips & Strategies for Attorney Wellbeing	A Transparent Discussion of Specifics that Benefit Us in Our Practice	Panel	Lynn Garson , Baker Hostetler, Atlanta	Y		2/26/2020
2020 Attorney's First Aid Kit – From Surviving to Thriving: Practical Tips & Strategies for Attorney Wellbeing	A Transparent Discussion of Specifics that Benefit Us in Our Practice	Panel	Plamen I. Russev , Attorney at Law, Atlanta	Y	2	2/26/2020
2020 Attorney's First Aid Kit – From Surviving to Thriving: Practical Tips & Strategies for Attorney Wellbeing	A Transparent Discussion of Specifics that Benefit Us in Our Practice	Panel	Nancy C. Sprattlin , Castor Sprattlin Law Group, LLC, Atlanta	Y		2/26/2020
2020 Attorney's First Aid Kit – From Surviving to Thriving: Practical Tips & Strategies for Attorney Wellbeing	Five Counter Intuitive Ways to Maintain an Ethical Practice	Presentation	James S. "Jim" Lewis , Assistant General Counsel, State Bar of Georgia, Atlanta	Y	1 E	2/26/2020
Wellness for Lawyers: Why We Need It and How We Get It	<i>See below</i>				3G / 1E / 1P	6/7/2018
Wellness for Lawyers: Why We Need It and How We Get It						Rebroadcast on 12/./19
Wellness for Lawyers: Why We Need It and How We Get It	The Path to Lawyer Well-Being: Practical Recommendations for Positive Change and Yoga for Lawyers	Presentation	LaKeisha Randall , Member, American Bar Association Commission on Lawyers Assistance Program, Attorney, Lynn Leonard & Associates, Atlanta	Y	1	6/7/2018
Wellness for Lawyers: Why We Need It and How We Get It	Attorney Well-Being: The Path to Living Well	Presentation	Stacey Dougan , J.D., LLM, MS, APC, NCC, Associate Professional Counselor, Workbest Consulting, LLC, Atlanta	Y	1	6/7/2018
Wellness for Lawyers: Why We Need It and How We Get It	Mindfulness for Lawyers: Practical Ways to Increase Wellness, Satisfaction and Effectiveness in Legal Practice	Presentation	Plamen Russev , Chair, Mental Health Subcommittee, Contract Attorney, SunTrust Bank, Atlanta	Y	1	6/7/2018
Wellness and Practical Skills CLE (Retreat)	<i>See below</i>				12G / 1E / 1P	1/24-28/2019
Wellness and Practical Skills CLE (Retreat)	Preventing Burnout and Promoting Balance: Mindfulness for Attorneys	Presentation	Judi Cohen , Lecturer, Berkley Law and Founder of Warrior One, Berkeley, CA	Y		1/25/2019
Wellness and Practical Skills CLE (Retreat)	Preventing Burnout and Promoting Balance: Mindfulness for Attorneys	Presentation	Alisa Gray , Tiffany & Bosco, P.A., Certified Yoga Instructor, Phoenix, AZ	Y	4	1/25/2019
Wellness and Practical Skills CLE (Retreat)	Preventing Burnout and Promoting Balance: Mindfulness for Attorneys	Presentation	Charity Scott , Professor of Law, Georgia State University, Atlanta	Y		1/25/2019

State Bar of Georgia
Georgia Wellness CLEs_web
 (2015 - Present)

Program Name	Session Name	Session Type	Presenter(s)	JD	CLE Hours	Date(s) Offered
Wellness and Practical Skills CLE (Retreat)	Panel I: Why Wellness is Important to Lawyers	Panel	R. Javoyné Hicks, Clerk, DeKalb State and Magistrate Courts, Decatur	Y		1/26/2019
Wellness and Practical Skills CLE (Retreat)	Panel I: Why Wellness is Important to Lawyers	Panel	Kenneth B. Hodges III, President, State Bar of Georgia, Albany	Y		1/26/2019
Wellness and Practical Skills CLE (Retreat)	Panel I: Why Wellness is Important to Lawyers	Panel	Kristy Weathers, Professional Development Partner, Eversheds Sutherland (US) LLP, Atlanta	N	1.5	1/26/2019
Wellness and Practical Skills CLE (Retreat)	Panel I: Why Wellness is Important to Lawyers	Panel	LaKeisha R. Randall, Bendin Sumrall & Ladner, LLC, Atlanta	Y		1/26/2019
Wellness and Practical Skills CLE (Retreat)	Panel I: Why Wellness is Important to Lawyers	Panel	Hon. Kelly Lee Ellerbe, Fulton Superior Court, Atlanta	Y		1/26/2019
Wellness and Practical Skills CLE (Retreat)	Panel I: Why Wellness is Important to Lawyers	Panel	Danielle Berry, Partner, Lewis Brisbois, Atlanta	Y		1/26/2019
Wellness and Practical Skills CLE (Retreat)	Panel II: How to Live Well After Crisis	Panel	Hon. Shondeana Morris, Judge, State Court of DeKalb County, Chair, State Bar of Georgia Suicide Prevention Committee, Decatur	Y		1/26/2019
Wellness and Practical Skills CLE (Retreat)	Panel II: How to Live Well After Crisis	Panel	Lynn Garson, Baker & Hostetler, Vice Chair, State Bar of Georgia Lawyers Assistance Program, Atlanta	Y	1	1/26/2019
Wellness and Practical Skills CLE (Retreat)	Panel II: How to Live Well After Crisis	Panel	Paul E. Knowlton, J.D., M.Div., Principal, Marketplace Initiative, Mercer University, Center for Theology and Public Life, Atlanta	Y		1/26/2019
Wellness and Practical Skills CLE (Retreat)	Panel II: How to Live Well After Crisis	Panel	Melody Z. Richardson, Richardson Bloom & Lines, Atlanta	Y		1/26/2019
Wellness and Practical Skills CLE (Retreat)	Becoming the Happy Warrior: Science-Based Strategies to Boost Attorney Well-Being	Presentation	Stacey Dougan, J.D., LL.M., M.S., NCC, Associate Professional Counselor, Workbest Consulting, Atlanta	Y	1.5	1/26/2019
Wellness and Practical Skills CLE (Retreat)	Imagining the Possibilities One Year Later: Designing Your Wellness Roadmap for Success	Presentation	Tara Rice Simkins, Life Coach, Co-Founder, Press On Fund, Augusta	Y	1	1/27/2019
Wellness and Practical Skills CLE (Retreat)	Legal Case Management: 'Cause They Don't Teach You This in Law School	Presentation	Stacey Mohr, Partner, Eversheds Sutherland (US) LLP, Atlanta	Y	1	1/27/2019
Wellness and Practical Skills CLE (Retreat)	Ethics: More Than Just a Set of Rules	Presentation	J. Tom Morgan, Professor, Western Carolina University, Former DeKalb County District Attorney, Decatur	Y	1	1/27/2019
Wellness and Practical Skills CLE (Retreat)	Professionalism	Panel	Kenneth B. Hodges III	Y		1/27/2019
Wellness and Practical Skills CLE (Retreat)	Professionalism	Panel	Robert J. "Bob" Kauffman, Hartley, Rowe & Fowler, P.C., Past President, State Bar of Georgia, Douglasville	Y	1	1/27/2019
[Suicide Awareness]	<i>See below</i>				TBD	4/28/2020
[Suicide Awareness]						4/28/2020
[Suicide Awareness]						4/28/2020
[Suicide Awareness]						4/28/2020
[Suicide Awareness]						4/28/2020
[Suicide Awareness]						4/28/2020

State Bar of Georgia
Georgia Wellness CLEs_web
 (2015 - Present)

Program Name	Session Name	Session Type	Presenter(s)	JD	CLE Hours	Date(s) Offered
[Suicide Awareness]						4/28/2020
2018 Mid-Year Meeting	Mindfulness for Lawyers: A Path to Well-Being and Balance in a Busy and Distraction-Filled World	Presentation	Charity Scott, JD, MSCM; Catherine C. Henson, Professor of Law, Georgia State University College of Law, Atlanta	Y	3G / 1P	1/5/2018
2018 Mid-Year Meeting	Mindfulness for Lawyers: A Path to Well-Being and Balance in a Busy and Distraction-Filled World	Presentation	Helen Barnes Vantine, PhD, Certified Instructor of Mindfulness-Based Stress Reduction, Founding Director, Atlanta Mindfulness Institute, Atlanta	N	3G / 1P	1/5/2018
2018 Solo and Small Firm Institute Wellness Track	<i>See below</i>				5	9/28-29/2018
2018 Solo and Small Firm Institute Wellness Track	Wellness Starts with You	Panel	Hon. Shondeana G. Morris, Judge, DeKalb County State Court, Decatur	Y		9/28/2018
2018 Solo and Small Firm Institute Wellness Track	Wellness Starts with You	Panel	Danielle K. Berry, Lewis Brisbois Bisgaard & Smith LLP, Atlanta	Y		9/28/2018
2018 Solo and Small Firm Institute Wellness Track	Wellness Starts with You	Panel	LaKeisha R. Randall, Bendin Sumrall & Ladner LLC, Atlanta	Y	1	9/28/2018
2018 Solo and Small Firm Institute Wellness Track	Wellness Starts with You	Panel	Melody Z. Richardson, Richardson Bloom & Lines LLC, Atlanta	Y		9/28/2018
2018 Solo and Small Firm Institute Wellness Track	Wellness Starts with You	Panel	Todd H. Stanton, Stanton Law LLC, Atlanta	Y		9/28/2018
2018 Solo and Small Firm Institute Wellness Track	Suicide Prevention	Presentation	Stuart Winborne, LCSW, Georgia Associate Area Director, American Foundation for Suicide Prevention, Lawrenceville	N	0.5	9/28/2018
2018 Solo and Small Firm Institute Wellness Track	Mindfulness in Law: A Path to Lawyer Well-Being	Presentation	Charity Scott, Georgia State University College of Law, Atlanta	Y	1	9/28/2018
2018 Solo and Small Firm Institute Wellness Track	Becoming the Happy Warrior: Science-Based Strategies to Enhance Attorney Wellbeing	Presentation	Stacey Dougan, JD, LLM, MS, APC, NCC, Associate Professional Counselor, Certified Holistic Health Coach, Workbest Consulting, Atlanta	Y	1	9/28/2018
2018 Solo and Small Firm Institute Wellness Track	Mindfulness Workshop	Presentation	Charity Scott, Georgia State University College of Law, Atlanta	Y	0.5	9/28/2018
2018 Solo and Small Firm Institute Wellness Track	Workplace Workout Demonstration	Demo	Brittney Greenwood, YMCA of Metro Atlanta, Atlanta	N	0.5	9/28/2018
2018 Solo and Small Firm Institute Wellness Track	Meditation and Its Benefits	Presentation	Joseph W. "Joe" Hardy, Jr., Hardy Law, LLC, Marietta	Y	0.5	9/29/2018
2019 Solo and Small Firm Institute Wellness Track	<i>See below</i>				7	9/26-27/2019
2019 Solo and Small Firm Institute Wellness Track	Attorney Wellness: Views Before the Bench	Panel	Hon. M. Yvette Miller	Y		9/26/2019
2019 Solo and Small Firm Institute Wellness Track	Attorney Wellness: Views Before the Bench	Panel	Hon. Sara L. Doyle	Y		9/26/2019
2019 Solo and Small Firm Institute Wellness Track	Attorney Wellness: Views Before the Bench	Panel	Hon. Carla Wong McMillian	Y	1	9/26/2019
2019 Solo and Small Firm Institute Wellness Track	Attorney Wellness: Views Before the Bench	Panel	Hon. Ken Hodges	Y		9/26/2019

State Bar of Georgia
Georgia Wellness CLEs_web
 (2015 - Present)

Program Name	Session Name	Session Type	Presenter(s)	JD	CLE Hours	Date(s) Offered
2019 Solo and Small Firm Institute Wellness Track	Attorney Wellness: Views Before the Bench...and After	Panel	Hon. Shondeana Morris	Y		9/26/2019
2019 Solo and Small Firm Institute Wellness Track	Attorney Wellness: Views Before the Bench...and After	Panel	Todd Stanton	Y		9/26/2019
2019 Solo and Small Firm Institute Wellness Track	Attorney Wellness: Views Before the Bench...and After	Panel	Lynn Garson	Y	1	9/26/2019
2019 Solo and Small Firm Institute Wellness Track	Attorney Wellness: Views Before the Bench...and After	Panel	Eric Lang	Y		9/26/2019
2019 Solo and Small Firm Institute Wellness Track	Attorney Wellness: Views Before the Bench...and After	Panel	Sam Skelton	Y		9/26/2019
2019 Solo and Small Firm Institute Wellness Track	Grace Under Pressure Part I: 10 Tips to Combat Stress in Practice	Presentation	Danielle Berry	Y	1	9/26/2019
2019 Solo and Small Firm Institute Wellness Track	Grace Under Pressure Part I: 10 Tips to Combat Stress in Practice	Presentation	Tara Simkins	Y		9/26/2019
2019 Solo and Small Firm Institute Wellness Track	Mental Health & the Practice of Law	Presentation	Eric Lang	Y	1	9/27/2019
2019 Solo and Small Firm Institute Wellness Track	Joy and Resilience in the Practice	Presentation	Robb Bingham	N		9/27/2019
2019 Solo and Small Firm Institute Wellness Track	Joy and Resilience in the Practice	Presentation	Brett Campbell	N	1	9/27/2019
2019 Solo and Small Firm Institute Wellness Track	Joy and Resilience in the Practice	Presentation	Paul Knowlton	Y		9/27/2019
2019 Solo and Small Firm Institute Wellness Track	Empathy and Emotional Intelligence in the Practice	Presentation	Robb Bingham	N		9/27/2019
2019 Solo and Small Firm Institute Wellness Track	Empathy and Emotional Intelligence in the Practice	Presentation	Brett Campbell	N	1	9/27/2019
2019 Solo and Small Firm Institute Wellness Track	Empathy and Emotional Intelligence in the Practice	Presentation	Paul Knowlton	Y		9/27/2019
2019 Solo and Small Firm Institute Wellness Track	Grace Under Pressure Part II: 10 More Tips to Combat Stress in the Practice	Presentation	Danielle Berry	Y	1	9/27/2019
2019 Solo and Small Firm Institute Wellness Track	Grace Under Pressure Part II: 10 More Tips to Combat Stress in the Practice	Presentation	Tara Simkins	Y		9/27/2019
Georgia Hospital Association Annual Meeting & Health Law Update	Mindfulness for Lawyers: Practical Ways to Increase Wellness, Satisfaction and Effectiveness in Legal Practice	Presentation	Plamen Russev, Chair, Mental Health Subcommittee, Contract Attorney, SunTrust Bank, Atlanta	Y	1	4/26/2019
Wellness CLE at Office of General Counsel, Department of Health & Human Services, Atlanta	Mindfulness for Legal Professionals: Practical Ways to Increase Professionalism and Wellness when Practicing Law	Presentation	Plamen Russev, Chair, Mental Health Subcommittee, Contract Attorney, SunTrust Bank, Atlanta	Y	3G / 1P	7/15/2019
Transition into Law Practice Program - August 2019 Group Mentoring	Leveraging State Bar Resources to Strengthen Resilience	Presentation	Michelle E. West, Director, Intitute Continuing Legal Education (ICLE); Interim Director, Transition Into Law Practice Program (TILPP); State Bar of Georgia, Atlanta	Y	1	8/20/2019